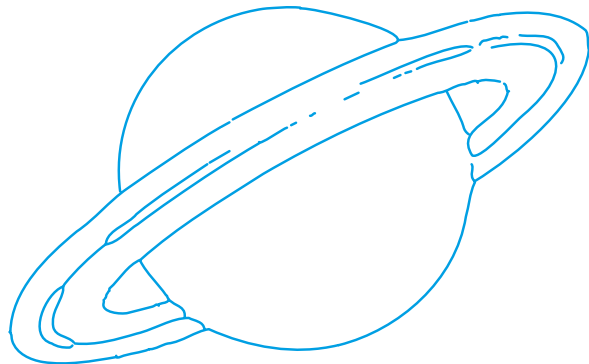


# Learn the Southend stars!

Have you ever thought about what's in space? On a clear night, and when you are not alone, look up at the Southend stars - what patterns do you see? Why not draw your own planet, and imagine what might live on it? Is it Aliens or a new species?



Enjoyed this pack? How about trying out some more items on the list!

**Be the Change** Go vegan for a week, Join a beach clean up, Reduce your carbon footprint, Campaign!

**Be Playful** Learn to play a new game, Beachside sports!, Tackle the Leigh steps!, Complete a wildlife hunt.

**Be a Risk Taker** Stay offline for a day, Write to your local MP, Volunteer!, Have a difficult conversation.

**Breathe** Create a playlist to stay calm, Meditate in the park, Take a walk, Self-care.

**Beat Your Own Drum** Make a home movie!, Perform in public!, Look in the mirror every day and smile, Scrapbook from your past.

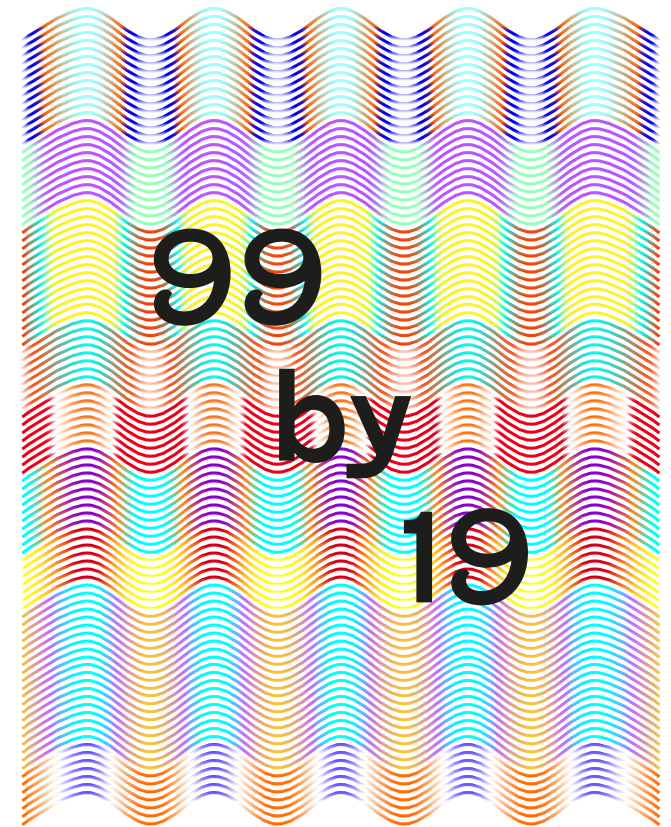
**Thrive** Start a blog, Meet someone doing your dream job!, Teach someone a new skill, Meet an Artist!

**Be Curious** Learn a different language, Join a club, Learn a new instrument, Read a book about someone of a different background.

**Be Southend** Create your own sports day!, Visit a gallery or museum, Learn the Southend stars!, Explore the coastline.

**The Road to Now** Find out about your family's past, Visit different places of worship, See historic Southend, Carry out investigative journalism!

Find out more by following [@99by19](#) on Facebook, Twitter and Instagram!

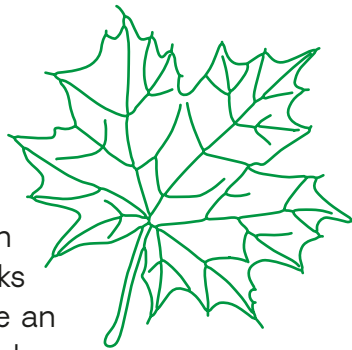


# Activity Pack

A list of activities created by young people, for young people, of unique experiences to do in Southend. This activity packs helps you to get started!

# Complete a wildlife hunt

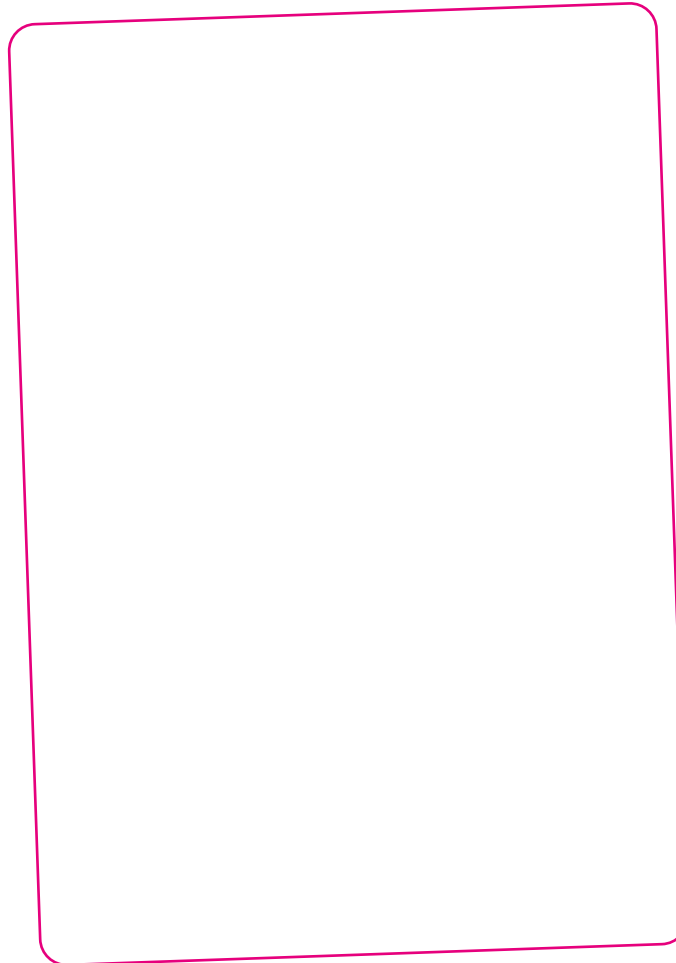
There are so many interesting places to look for wildlife in Southend! Have you thought about visiting Belfairs Wood, Southchurch Park, or Priory Park? Why don't you try, and see what you can find? Use the space below to draw what you find!



**Task:** On your walk, can you find a leaf that looks similar to this one? Use an extra sheet of paper to trace it, or draw it from scratch! You can also use the paper to make rubbings of the tree bark.

# Perform in Public

Performing in public doesn't have to be to a large crowd, how about creating a show for your family or friends? You could sing, dance, read a poem, so many possibilities! Use the space below to create an invitation to your show. Remember to include what your show is about!



# Create your own sports day!

Plan which games you want to include in your sports day, use this space to make a schedule. Or how about using it to record your team scores? Will you include a three legged race or an egg-and-spoon race!?



**Task:** How about creating a medal design for your runner ups as well as the winner!