

# 99 by 19 Resource Pack

## A Brief Overview

99 by 19 is a list of 99 activities created by young people, for young people! So, in other words, this programme is all about THEM. But when putting it together we realise that YOU will play a crucial role. The action research project has been in development for nearly four years and is supported by Arts Council England due to recognition of lack of creativity in the curriculum. It was created through a series of artists' workshops with schools, clubs and youth groups, to complete in Southend before the age of 19.

Tasks are broken down into themed categories and by age group making it easy, inclusive and accessible for everyone to participate. Children simply choose the area they are interested in and will find appropriate activities in each group. Teachers and education leaders have been at the centre of this programme from the beginning and, without causing more excess workload, we don't want that to change. We are in the process of creating CPD opportunities for teachers to embed creativity into all subjects and want to build a network of longevity. We want young people to realise their potential and that a career in creative industries is possible.

## Funders and Partners

99 by 19 is funded by Southend-on-Sea City Council, Royal Opera House Bridge and the UK Government Community

Renewal Fund serving as a research project to enable young people to participate to change and shape their future and increase their creative confidence. They will be encouraged to be active participants in making Southend a better place to live, work, study and play.

The programme was devised by Focal Point Gallery, chair of Southend's Cultural Education Partnership. 99 by 19 builds on a similar project tested in Bristol, '80 by 18', and takes reference from schemes such as Duke of Edinburgh's Award and badges of the scouting and guiding movements. 99 by 19 supports Southend's Opportunity and Prosperity 2050 vision, ensuring our children are school and life ready and our workforce is skilled and job ready.

## Southend's Cultural Education Partnership (SCEP)

99 by 19 is created by Southend's Cultural Education Partnership (SCEP), a collaboration of arts, education and youth organisations across the town who believe in the enabling power of creative learning and cultural experiences to support all of our children and young people to thrive.

99 by 19 is supporting the development of the SCEP by listening directly to the wants and needs of young people, discovering how to support their creative development by understanding where there are gaps in

education, and the support needed. SCEP is a growing and inclusive network, for teachers, cultural organisations, creative practitioners, local authority officers, business and anyone else working for better outcomes for children and young people in Southend! Everyone is welcome, as we are stronger when working together.

## What is 99 by 19?

99 by 19 is a list of 99 activities or experiences to complete in Southend by the time someone is 19 years old. It is an action research project designed to engage young people to release their creativity through themed activities, equipping them with the skills and confidence to progress through an ever-changing diverse world.

## Who is it for?

The programme is for anyone who is aged 19 or under, however all activities can be completed by anyone, and we encourage parents, teachers, youth and community leaders to all get involved. Each item on the list has been selected by a someone 19 or under through a series of artist workshops, ensuring this is a programme created by children and young people, for children and young people, with adults actively listening and responding to their voices. Why Should I be Involved?

Anyone working in education knows there is a lack of creativity within the national

curriculum. Arts Council England recognise this, and the need for young people to engage with the arts and creative industries within their local community. Southend is a huge cultural hub, and we need to ensure children are getting the most out of it. Now is the time to ensure young people can complete the things they have told us they want to achieve. It's time for young people to believe they can have a career in creative industries and that it's not just a hobby. Creative industries need to be accessed by people of all backgrounds; not just those with means. 99 by 19 and the SCEP is a step towards making a huge difference to future generations.

## How do I take part?

Click [here](#) and check out the list of fun activities.

It can be done in any order and is designed to allow young people freedom to interpret it how they like. There is no formal accreditation process, as this is about creativity and fun, however you can collect a sticker check list from many venues across Southend, including all libraries and cultural organisations.

If you need some help, have a look at the suggestions of where to start. Or if you feel confident, do it your way and most importantly, have fun!

Also click [here](#) to join the mailing list for regular updates about the project.

## Activities

Here are a few activities from the list. All activities can be accessed on the 99 by 19 website, but we thought we'd include a few of our favourites to get you started.

### Create your own art pebble

Whether it is painting on pebbles or creating an image from pebbles, it's art! Get creative and think of new and unique ways of creating art from pebbles on the beach.

#### Where to start

Find your canvas by visiting your local beach! Choose a pebble to paint or use several to create a design - how big will you go?!

Think about what you might create - do some research online or draw or paint your favourite place in Southend. The aim of these are to spread kindness to the person that finds it.

If you have painted a pebble, you then need to hide it! Will you choose somewhere obvious or somewhere more secret?

### Get to know your local food bank

Help your local community and those in need by understanding why we have food banks, and how they support us. What have you heard about food banks? How has local person like Jack Monroe been involved?

#### Where to start

Research the food banks near you, these are sometime in churches or other community venues.

Find out how you can help, some people donate food or money, or their time in helping at the foodbank. You could do something to fundraise for your local food bank.

How about researching why food banks exist and when was the first food bank was introduced in the UK.

### Be a university of life student

Learning at school is important, but there are some things that might be better developed through lived experience, or in situation that can only happen outside a traditional classroom.

#### Where to start

Think about what you want to achieve, and what you might need to learn to do this. Is this how to rent or buy a house? Or drive a car? Or start your own business?

Talk to someone that might have achieved the thing you want to do, who might be able to help you on this journey.

Research into the steps you might need to take to learn what you want to do. This might involve attending a workshop, doing a course, or discovering a new process.

### Get to know your elders

Elders have stories they want to tell, have a conversation with an older person and get to know their past experiences.

#### Where to start

Write a list of all the topics that you would like to speak about, how about a life where phones were not around?

Enquire at a local care home to see if you can speak to some of their residents

Speak to a grandparent and take a trip with them and their friends!

## Need any more information? Not a problem!

For anymore information on 99 by 19 and how to get involved please don't hesitate to get in contact!

Email: [99by19@southend.gov.uk](mailto:99by19@southend.gov.uk)

Website: [www.99by19southend.co.uk](http://www.99by19southend.co.uk)

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